

Heightened Security Risk Regions

The list below only includes regions with a travel security risk rating of medium, high or extreme. All other regions are considered low or variable security risk. Click on the name of each region to review a travel risk summary and/or click on the travel warning icon (“TW”) to read the current U.S. Department of State Travel Warning.

Please note: The ratings below depict security risk only, not health risk. For information related to travel health, please visit the CDC website and click on [Travelers' Health](#).

- TW** U.S. Department of State has issued a Travel Warning for this country
† Office of Foreign Asset Controls (OFAC) has issued sanctions for this country. For more information, visit the [OFAC](#) website or contact Penn's [Office of Export Controls](#).

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| E | Extreme: All international locations with an International SOS Extreme Risk rating, regardless of US State Department Travel Warning. |
| H | High: All international locations with an International SOS High Risk rating, regardless of US State Department Travel Warning. |
| M | Medium: All international locations with an International SOS Medium/Low Risk rating <u>and</u> a US State Department Travel Warning. |

| Country | Heightened Risk Region(s) | |
|---------------------------|---------------------------|--|
| Afghanistan (TW) | E | Entire country of Afghanistan |
| Algeria (TW) | H | All other areas of Algeria |
| | M | Main urban centres (Algiers, Constantine, Oran, Mostaganem, Tlemcen, Annaba, Skikda, Setif); oil and gas producing areas in Adrar, Tamanrasset, Illizi, Ouargla and Ghardaia provinces |
| Angola | H | North-east of Cabinda exclave |

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| Armenia | H | Border with Azerbaijan |
| Azerbaijan | H | Armenian border areas and Nagorno-Karabakh |
| Bangladesh (TW) | H | Chittagong Hill Tracts; Dhaka |
| | M | All other areas of Bangladesh |
| Belarus† | | OFAC Enforced Sanctions |
| Brazil | H | Deprived areas of major urban centres |
| Burkina Faso (TW) | H | Oudalan, Soum and Loroum provinces |
| | M | All other areas of Burkina Faso |
| Burundi † (TW) | H | Cibitoke, Bubanza provinces; Bujumbura Rural province |
| | M | All other areas of Burundi |
| Burma† | | OFAC Enforced Sanctions |
| Cameroon (TW) | H | Extreme north; Bakassi peninsula; Border with Central African Republic |
| Central African Republic† (TW) | E | All other areas of Central African Republic |
| | H | Bangui |
| Chad (TW) | H | Entire country of Chad |
| | M | Njamena |
| Colombia (TW) | H | Remote rural areas; border areas with Venezuela, Ecuador |

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| | M | All other areas of Colombia |
| Congo | H | Pool Region |
| Congo (DRC)† (TW) | E | North Kivu province (except Goma); Ituri district (Orientale province) except Bunia; central and northern Katanga (Mitwaba, Pweto, Manono, Malemba-Nkulu and Kalemie areas) |
| | H | All other areas of DRC |
| | M | Kinshasa; south of Katanga province (Kolwezi district, south of Haut-Katanga district including Lubumbashi); Bas Congo province |
| Côte d'Ivoire† | H | West (Moyen-Cavally, Dix-Huit Montagnes, north-west of Bas-Sassandra) and north (Bafing, Worodougou, Vallée du Bandama, Zanzan, Savanes, Denguélé) |
| Cuba† | | OFAC Enforced Sanctions |
| Djibouti (TW) | M | Entire country of Djibouti |
| Ecuador | H | Colombian border areas |
| Egypt (TW) | E | North Sinai |
| | H | Western Desert |
| | M | All other areas of Egypt |
| El Salvador (TW) | H | Entire country of El Salvador |
| Eritrea (TW) | E | Ethiopian, Sudanese, Djiboutian borders |

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| | M | All other areas of Eritrea |
| Ethiopia (TW) | H | Somali region and areas bordering Eritrea, Kenya, South Sudan, Sudan |
| | M | All other areas of Ethiopia |
| Georgia | E | Abkhazia, South Ossetia |
| Guatemala | H | Guatemala City; Chiquimula, Petén, Zacapa and Izabal departments |
| Guinea-Bissau | H | Entire country of Guinea-Bissau |
| Haiti (TW) | H | Entire country of Haiti |
| Honduras (TW) | H | Entire country of Honduras |
| India | H | Asom (Assam), Manipur, Nagaland, Tripura, Bihar, Jharkhand, Chhattisgarh, non-coastal districts of Odisha (Orissa), and the eastern districts of Maharashtra, parts of Jammu and Kashmir state |
| Indonesia | H | Papua, West Papua |
| Iran † (TW) | H | Sistan-e Baluchistan |
| | M | All of areas of Iran |
| Iraq† (TW) | E | All other areas of Iraq |
| | H | Southern governorates; Kurdistan Region border areas |
| | M | Kurdistan Region |
| Israel and Palestinian Territories (TW) | E | Gaza |

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| | M | All other areas of Israel; Palestinian Territories |
| Jamaica | H | West Kingston, Spanish Town |
| Jordan (TW) | M | The entire country of Jordan |
| Kenya (TW) | H | Counties of Wajir, Mandera and Garissa (Garissa town and areas to its east); Nairobi; Mombasa; Counties of West Pokot, Turkana, Samburu, Marasabit, Isiolo (north of Isiolo town), Garissa (areas west of Garissa town) and Lamu |
| | M | All other areas of Kenya |
| Kyrgyzstan | H | Batken province, the international border regions of Osh and Jalal-Abad provinces |
| Lebanon† (TW) | H | Northern and eastern border areas with Syria (North, Bekaa governorates); Tripoli |
| | M | All other areas of Lebanon |
| Lesotho (TW) | M | Entire country of Lesotho |
| Libya† (TW) | H | Entire country of Libya |
| Mali (TW) | E | Gao, Timbuktu and Kidal regions |
| | H | Border with Mauritania, Mopti region, northern half of Segou region |
| | M | All other areas of Mali |
| Mauritania (TW) | H | Eastern desert areas |
| | M | All other areas of Mauritania |
| Mexico (TW) | H | Chihuahua, Coahuila, Nuevo León, Tamaulipas, Sinaloa, Guerrero, Durango, Jalisco, Morelos, Michoacán and Mexico states |

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| | M | All other areas of Mexico |
| Myanmar | H | Chinese, Thai and Bangladeshi border areas; Insurgency-affected areas; Rakhine state |
| Nepal | H | South |
| Niger (TW) | H | North, border areas with Mali; Border areas with Nigeria |
| | M | All other areas of Niger |
| Nigeria (TW) | E | Borno State |
| | H | All other areas of Nigeria |
| | M | Abuja |
| North Korea† (TW) | M | Entire country of North Korea |
| Pakistan (TW) | E | Districts in Khyber Pakhtunkhwa bordering the FATA; Balochistan except for Gwadar and central districts; Federally Administered Tribal Areas (FATA) |
| | H | All other areas of Pakistan |
| Panama | H | Darién |
| Papua New Guinea | H | Entire country of Papua New Guinea |
| Peru | H | Ene, Apurimac and Mantaro River Valley (VRAEM) |
| Philippines (TW) | H | Areas of insurgency, especially Mindanao and the Sulu Archipelago |
| | M | All other areas of Philippines |

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| Russia | H | The North Caucasus republics of Dagestan, Ingushetia and Karbardino-Balkaria |
| Saudi Arabia (TW) | M | Entire country of Saudi Arabia |
| Somalia† (TW) | E | All other areas of Somalia |
| | H | Puntland; Western Somaliland |
| | M | Hargeisa |
| South Africa | H | Deprived urban areas |
| South Sudan† (TW) | E | Jonglei, Unity, Upper Nile states |
| | H | All other areas of South Sudan |
| Sudan† (TW) | E | Darfur |
| | H | Southern Kordofan state; Blue Nile state |
| | M | All other areas of Sudan |
| Syria† (TW) | E | Entire country of Syria |
| Tajikistan | H | Afghan border; districts of Garm, Tavildara (both Rasht Valley in the region of Republican Subordination); Gorno-Badakshan Autonomous Oblast |
| Thailand | H | Areas of southern insurgency, especially Narathiwat, Yala and Pattani |
| Trinidad and Tobago | H | Laventille, Beetham |
| Tunisia (TW) | H | Libyan border areas |
| | M | All other areas of Tunisia |

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| Turkey (TW) | H | Hakkari, Sirnak, Diyarbakir provinces, Syrian border areas |
| | M | All other areas of Turkey |
| Uganda | H | Border areas with Congo (DRC), South Sudan |
| Ukraine† (TW) | M | All other areas of Ukraine |
| | H | Eastern border regions (Donetsk and Luhansk) |
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| Uganda | H | Border areas with Congo (DRC), South Sudan |
| Uzbekistan | H | Afghan, Kyrgyz borders, Fergana Valley |
| Venezuela† (TW) | H | Caracas, major urban areas, Colombian border areas |
| Yemen† (TW) | M | Socotra Islands |
| Yemen† (TW) | H | Al-Mahrah province; Hodeidah, Ibb, Mawhit, Raymah and Taiz provinces |
| Yemen† (TW) | E | All other areas of Yemen |
| Zimbabwe† | | OFAC Enforced Sanctions |