

Heightened Security Risk Regions

The list below only includes regions with a travel security risk rating of medium, high or extreme. All other regions are considered low or variable security risk. Click on the name of each region to review a travel risk summary and/or click on the travel warning icon (“TW”) to read the current U.S. Department of State Travel Warning.

Please note: The ratings below depict security risk only, not health risk. For information related to travel health, please visit the CDC website and click on [Travelers' Health](#).

- TW** U.S. Department of State has issued a Travel Warning for this country
† Office of Foreign Asset Controls (OFAC) has issued sanctions for this country. For more information, visit the [OFAC](#) website or contact Penn's [Office of Export Controls](#).

E	Extreme: All international locations with an International SOS Extreme Risk rating, regardless of US State Department Travel Warning.
H	High: All international locations with an International SOS High Risk rating, regardless of US State Department Travel Warning.
M	Medium: All international locations with an International SOS Medium/Low Risk rating <u>and</u> a US State Department Travel Warning.

Country	Heightened Risk Region(s)	
Afghanistan (TW)	E	Entire country of Afghanistan
Algeria (TW)	H	All other areas of Algeria
	M	Main urban centres (Algiers, Constantine, Oran, Mostaganem, Tlemcen, Annaba, Skikda, Setif); oil and gas producing areas in Adrar, Tamanrasset, Illizi, Ouargla and Ghardaia provinces
Angola	H	North-east of Cabinda exclave

Armenia	H	Border with Azerbaijan
Azerbaijan	H	Armenian border areas and Nagorno-Karabakh
Bangladesh (TW)	H	Chittagong Hill Tracts; Dhaka
	M	All other areas of Bangladesh
Belarus†		OFAC Enforced Sanctions
Brazil	H	Deprived areas of major urban centres
Burkina Faso (TW)	H	Oudalan, Soum and Loroum provinces
	M	All other areas of Burkina Faso
Burundi † (TW)	H	Cibitoke, Bubanza provinces; Bujumbura Rural province
	M	All other areas of Burundi
Burma†		OFAC Enforced Sanctions
Cameroon (TW)	H	Extreme north; Bakassi peninsula; Border with Central African Republic
Central African Republic† (TW)	E	All other areas of Central African Republic
	H	Bangui
Chad (TW)	H	Entire country of Chad
	M	Njamena
Colombia (TW)	H	Remote rural areas; border areas with Venezuela, Ecuador

	M	All other areas of Colombia
Congo	H	Pool Region
Congo (DRC)† (TW)	E	North Kivu province (except Goma); Ituri district (Orientale province) except Bunia; central and northern Katanga (Mitwaba, Pweto, Manono, Malemba-Nkulu and Kalemie areas)
	H	All other areas of DRC
	M	Kinshasa; south of Katanga province (Kolwezi district, south of Haut-Katanga district including Lubumbashi); Bas Congo province
Côte d'Ivoire†	H	West (Moyen-Cavally, Dix-Huit Montagnes, north-west of Bas-Sassandra) and north (Bafing, Worodougou, Vallée du Bandama, Zanzan, Savanes, Denguélé)
Cuba†		OFAC Enforced Sanctions
Djibouti (TW)	M	Entire country of Djibouti
Ecuador	H	Colombian border areas
Egypt (TW)	E	North Sinai
	H	Western Desert
	M	All other areas of Egypt
El Salvador (TW)	H	Entire country of El Salvador
Eritrea (TW)	E	Ethiopian, Sudanese, Djiboutian borders

	M	All other areas of Eritrea
Ethiopia (TW)	H	Somali region and areas bordering Eritrea, Kenya, South Sudan, Sudan
	M	All other areas of Ethiopia
Gambia (TW)	M	The entire country of Gambia.
Georgia	E	Abkhazia, South Ossetia
Guatemala	H	Guatemala City; Chiquimula, Petén, Zacapa and Izabal departments
Guinea-Bissau	H	Entire country of Guinea-Bissau
Haiti (TW)	H	Entire country of Haiti
Honduras (TW)	H	Entire country of Honduras
India	H	Asom (Assam), Manipur, Nagaland, Tripura, Bihar, Jharkhand, Chhattisgarh, non-coastal districts of Odisha (Orissa), and the eastern districts of Maharashtra, parts of Jammu and Kashmir state
Indonesia	H	Papua, West Papua
Iran † (TW)	H	Sistan-e Baluchistan
	M	All of areas of Iran
Iraq† (TW)	E	All other areas of Iraq
	H	Southern governorates; Kurdistan Region border areas
	M	Kurdistan Region

Israel and Palestinian Territories (TW)	E	Gaza
	M	All other areas of Israel; Palestinian Territories
Jamaica	H	West Kingston, Spanish Town
Jordan (TW)	M	The entire country of Jordan
Kenya (TW)	H	Counties of Wajir, Mandera and Garissa (Garissa town and areas to its east); Nairobi; Mombasa; Counties of West Pokot, Turkana, Samburu, Marasabit, Isiolo (north of Isiolo town), Garissa (areas west of Garissa town) and Lamu
	M	All other areas of Kenya
Kyrgyzstan	H	Batken province, the international border regions of Osh and Jalal-Abad provinces
Lebanon† (TW)	H	Northern and eastern border areas with Syria (North, Bekaa governorates); Tripoli
	M	All other areas of Lebanon
Lesotho (TW)	M	Entire country of Lesotho
Libya† (TW)	H	Entire country of Libya
Mali (TW)	E	Gao, Timbuktu and Kidal regions
	H	Border with Mauritania, Mopti region, northern half of Segou region
	M	All other areas of Mali
Mauritania (TW)	H	Eastern desert areas
	M	All other areas of Mauritania

Mexico (TW)	H	Chihuahua, Coahuila, Nuevo León, Tamaulipas, Sinaloa, Guerrero, Durango, Jalisco, Morelos, Michoacán and Mexico states
	M	All other areas of Mexico
Myanmar	H	Chinese, Thai and Bangladeshi border areas; Insurgency-affected areas; Rakhine state
Nepal (TW)	H	South
	M	All other areas of Nepal
Niger (TW)	H	North, border areas with Mali; Border areas with Nigeria
	M	All other areas of Niger
Nigeria (TW)	E	Borno State
	H	All other areas of Nigeria
	M	Abuja
North Korea† (TW)	M	Entire country of North Korea
Pakistan (TW)	E	Districts in Khyber Pakhtunkhwa bordering the FATA; Balochistan except for Gwadar and central districts; Federally Administered Tribal Areas (FATA)
	H	All other areas of Pakistan
Panama	H	Darién
Papua New Guinea	H	Entire country of Papua New Guinea

Peru	H	Ene, Apurimac and Mantaro River Valley (VRAEM)
Philippines (TW)	H	Areas of insurgency, especially Mindanao and the Sulu Archipelago
	M	All other areas of Philippines
Russia	H	The North Caucasus republics of Dagestan, Ingushetia and Karbardino-Balkaria
Saudi Arabia (TW)	M	Entire country of Saudi Arabia
Somalia† (TW)	E	All other areas of Somalia
	H	Puntland; Western Somaliland
	M	Hargeisa
South Africa	H	Deprived urban areas
South Sudan† (TW)	E	Jonglei, Unity, Upper Nile states
	H	All other areas of South Sudan
Sudan† (TW)	E	Darfur
	H	Southern Kordofan state; Blue Nile state
	M	All other areas of Sudan
Syria† (TW)	E	Entire country of Syria
Tajikistan	H	Afghan border; districts of Garm, Tavildara (both Rasht Valley in the region of Republican Subordination); Gorno-Badakshan Autonomous Oblast
Thailand	H	Areas of southern insurgency, especially Narathiwat, Yala and Pattani

Trinidad and Tobago	H	Laventille, Beetham
Tunisia (TW)	H	Libyan border areas
	M	All other areas of Tunisia
Turkey (TW)	H	Hakkari, Sirnak, Diyarbakir provinces, Syrian border areas
	M	All other areas of Turkey
Uganda	H	Border areas with Congo (DRC), South Sudan
Ukraine† (TW)	M	All other areas of Ukraine
	H	Eastern border regions (Donetsk and Luhansk)
Uganda	H	Border areas with Congo (DRC), South Sudan
Uzbekistan	H	Afghan, Kyrgyz borders, Fergana Valley
Venezuela† (TW)	H	Caracas, major urban areas, Colombian border areas
Yemen† (TW)	M	Socotra Islands
Yemen† (TW)	H	Al-Mahrah province; Hodeidah, Ibb, Mawhit, Raymah and Taiz provinces
Yemen† (TW)	E	All other areas of Yemen
Zimbabwe†		OFAC Enforced Sanctions