Penn-Affiliated Student Travel Abroad

Pre-departure Checklist

☐ Register your trip in MyTrips
☐ Undergraduates must request approval for heightened risk travel
☐ Register with U.S. Department of State Smart Traveler Enrollment Program (U.S. citizens only)
☐ Review the U.S. Department of State Travel Advisory for your destination
☐ Visit Penn’s International SOS Portal to learn more about destination, travel advisories, precautionary measures and to print your member ID card.
☐ Print out an International SOS wallet card and review list of benefits on Penn-ISOS Portal
☐ Visit family physician or Travel Clinic prior to departure to assess any health issues that may impact your travel
☐ Obtain necessary vaccinations and prescription medications
☐ Keep all medications in their original container, with your name on it, in your carry-on bag
☐ Send a copy of daily itinerary, hotel information, flight details and local contact number to trusted friend/family member
☐ Make two copies of passport (including visa pages) – keep one with you and give other to trusted friend/family member
☐ Contact bank/credit card companies to alert them you are traveling
☐ Carry cell phone with international coverage in case of emergency
☐ Clean out wallet, take only necessary items

In the event of an emergency during travel, contact local authorities, International SOS (215-942-8478) or Penn Police (215-573-3333). Save these numbers to your cell phone that you will take with you.

Questions about international travel safety?
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